

# EXTRAORDINARY JUBILEE YEAR OF MERCY

8th December 2015 – 20th November 2016

Feast of The Immaculate Conception – Feast of Christ The King

\* Receive a plenary indulgence for yourself or daily for a holy soul \*



## To receive the gift of the Jubilee Indulgence:

- 1 Go to confession / be in a state of grace with no attachment to venial sin
- 2 Receive Holy Communion
- 3 Pray profession of faith – The Apostles Creed
- 4 Pray: Our Father, Hail Mary and Glory Be for intentions of Pope Francis
- 5 Enter through The Holy Doors (on knees, if able) and pray The Jubilee Prayer / reflection on mercy OR perform a corporal or spiritual work of mercy or act of penance (you must visit Holy Doors at least once before 20th Nov '16)

\*sick, housebound, prisoners, can receive Holy Communion without mass as long as in a state of grace.

List of Churches in Ireland with The Holy Doors of Mercy available at:

[www.anteaghlachnaofa.ie](http://www.anteaghlachnaofa.ie)

# The Jubilee Prayer of Mercy

Lord Jesus Christ,  
You have taught us to be merciful like the heavenly Father,  
and have told us that whoever sees You sees Him.  
Show us Your face and we will be saved.  
Your loving gaze freed Zacchaeus and Matthew from being enslaved by money; the adulteress and Magdalene from seeking happiness only in created things; made Peter weep after his betrayal, and assured paradise to the repentant thief.  
Let us hear, as if addressed to each one of us, the words that You spoke to the Samaritan woman:  
"If you knew the gift of God!"

You are the visible face of the invisible Father,  
of the God who manifests His power above all by forgiveness and mercy;  
let the Church be Your visible face in the world, its Lord risen and glorified.  
You willed that Your ministers would also be clothed in weakness  
in order that they may feel compassion for those in ignorance and error;  
let everyone who approaches them feel sought after, loved, and forgiven by God.

Send Your Spirit and consecrate every one of us with its anointing,  
so that the Jubilee of Mercy may be a year of grace from the Lord,  
and Your Church, with renewed enthusiasm, may bring good news to the poor, proclaim liberty to captives and the oppressed,  
and restore sight to the blind.

We ask this of You, Lord Jesus, through the intercession of Mary, Mother of Mercy; You who live and reign with the Father and the Holy Spirit for ever and ever. Amen.

## Pope Francis



**\* Gift of Jubilee Indulgence - complete remission for a soul of all temporal punishment due for sins \***

## Corporal Works of Mercy

- Feed the hungry
- Give drink to the thirsty
- Clothe the naked
- Shelter the homeless
- Visit the sick
- Visit the imprisoned
- Bury the dead

## Spiritual Works of Mercy

- Admonish the sinner
- Instruct the ignorant
- Counsel the doubtful
- Comfort the sorrowful
- Bear wrongs patiently
- Forgive all injuries
- Pray for the living and the dead

## Act of Penance

For at least one whole day:  
Either abstain from unnecessary consumption (smoking, alcohol, etc.)  
or fast  
or abstain from meat  
and donate a proportionate sum of money to the poor.

"Before I come as a just Judge, I first open wide the door of My mercy". St. Faustina's Diary (1146)

